



**TWO GREAT ORGANIZATIONS TEAMING UP FOR ONE GREAT CAUSE...
TO FUND THE FIGHT AGAINST DUCHENNE MUSCULAR DYSTROPHY!**

Sunday, June 7, 2020

**5K, 5 Miler and
Family Walk**

Location: Mercer County Park, West Windsor NJ
East Picnic Area
Registration: 5K and 5 Mile Race—8:00 - 9:15 a.m.
Family Walk— 8:00 - 9:45 a.m.
Race Start: 9:30 a.m. - 5K and 5 Miler
10:00 a.m.—Family Walk
Race Entry Fee: \$25—Postmarked by 5/29
\$30—Race Day
Family Walk Entry Fee: \$25—Postmarked by 5/29
\$30—Race Day
\$10— Children (12 and under)
FREE for Children 4 and under

**Race Start and Finish at East Picnic Area
Mercer County Park**



Online registration powered by:

Make checks payable to and mail entries to:
Ryan's Quest
P.O. Box 2544
Hamilton NJ 08690

Or Register online at www.ryansquest.org

- **Fast Scenic** Course at beautiful Mercer County Park
- Awards to top Overall Male, Female, and First in each age group
- T-Shirts to all 5K, 5 Miler and **Adult** Walk Pre-Entries (Race Day while supplies last)
- **Ryan's Quest Hope Bracelets** for all children 12 and under participating in Family Walk
- For more info, go to www.ryansquest.org
- Race Timed by—Elite Racing Systems

Family Walk Route is wheelchair and stroller accessible
Leashed dogs are welcome.

All fees non-refundable
Rain or Shine!

Last Name: _____ First: _____ Phone: _____

Address: _____ City: _____ State: _____ Zip: _____

Email: _____ Gender: (circle one) M F Birth Date: _____ Age on Race Day _____

T-Shirt Size (circle one) S M L XL Circle Race Choice: 5K 5 Miler Fun Run/Walk

Team Name (optional) _____ Optional Donation to Ryan's Quest \$ _____

Waiver/Release:

I hereby acknowledge and understand that participation in the Ryan's Quest RQ5 is a potentially dangerous activity. I recognize that I should not enter and participate unless I am medically able and properly trained. I agree to abide by the decision of any event official relative to my ability to safely complete the course. I assume all risks associated with my participation in the event for which I am entering, including but not limited to: falls; contact with other participants; effects of any adverse weather conditions, including but not limited to heat, cold, ice and humidity; traffic and road conditions. All of the above risks being known and appreciated by me. Having read and fully understood this waiver, knowing these facts and in consideration of acceptance of this application, I, for myself and anyone entitled to act on my behalf, waive and release, Ryan's Quest, County of Mercer, Mercer County Park Commission, all sponsors, their representatives, agents, successors and volunteers from all claims or liabilities of any kind arising from my participation in this event even though that liability might arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings, or any other record of this event or my likeness for any legitimate purpose.

Participant Signature

Date

Parent/Guardian if under 18

